



Better Executive Function, Self-Regulation, Learning and Behavior Workshops

Educator & Clinician Trainings

2022-2024 Key Notes, Workshops and Training Menu

Pediatric Psychologist Dr. Lynne Kenney provides keynotes, workshops, and online webinars to enhance thinking, self-regulation, learning, and behavior in children (K-8). Applying neuroscience + kinesiology + education we provide actionable strategies and activities to build your intervention toolbox for all children, specifically those with neurodevelopmental challenges - ADHD, ASD, dyslexia, dyscalculia, dyspraxia, and anxiety.

General Educational Objectives

- Understand the differences between executive function, executive function skills and neurocognition.
- Learn the research showing that executive function is a better predictor of achievement than is IQ.
- Understand the biological precursors to better executive function, learning and behavior.
- Articulate the meaningful relationship between cognition and motor movement in learning and school achievement.
- Understand the relationship between The Science of Reading and cognitive-motor interventions
- Implement research-based cognitive coaching activities educators, teachers, and clinicians can use to improve thinking, self-regulation, learning, and behavior.
- Practice proprietary cognitive-movement activities to help children with ADHD, ASD, dyslexia, dyscalculia, sensory processing challenges, dyspraxia, anxiety, and behavioral issues.
- Demonstrate how to enhance collaboration and cooperation in your classroom by helping students become "cognitive scientists" empowered to help their own learning.
- Understand the important role of tempo, rhythm, and timing in cognition, learning, and behavior.
- Integrate cognitively engaging physical activity in your classroom and practice with coordinative cognitive-motor activities.
- Articulate how rhythmic "heavy" motor work can be more effective for dysregulated children than talking when a child is in distress.
- Apply the science of brain priming.
- Practice cognitive-movement strategies to help children move out of the stress response into an alert state of calm.
- Design your own rhythmic calming strategies for on-the-spot behavior management.



Workshop Menu

Strengthen Executive Function with 30 Brain Coaching & Cognitive-Motor Activities to Improve Self-Regulation, Self-Control, Attention, and Memory

Live In-Person On-Site

Time Frame
6-12 Hours

CogniSuite 5-Minute Brain Priming Activities: Strengthen Self-Regulation, Attention, Memory, & Cognitive Flexibility

Live Via
Interactive
Webinar or On-site

Time Frame
4 - 6 Hours

Self-Regulation and Calming in the Moment: Music, Movement, and Patterns to Improve Cognition & Self-Regulation in Children Ages 3-8

Live Via
Interactive
Webinar

Time Frame
2 Hours

Play, Learning, and Foundational Motor-Sensory and Language Pathways in the Early Years

Live Via
Interactive
Webinar

Time Frame
2 Hours

These workshops are intended for professional audiences who assess, teach or provide interventions for children from ages 3 - 17. All workshops are tailored to the needs and interests of the scheduling clinic, school or district. Have a specific topic of interest? Let us know.

Attendees are provided with a presentation pdf, links to supporting videos, and research-based activities. Webinars can be recorded for colleagues who cannot attend in person. Training fees range from 2K-10K, depending on the specific school, clinic, or district needs.

LYNNE KENNEY, PSYD

PEDIATRIC PSYCHOLOGIST



Dr. Lynne Kenney is the nation's leading pediatric psychologist in the development of classroom cognitive-physical activity programs for students grades K-8. Dr. Kenney develops curriculum, programming, and activities to improve children's cognition through coordinative cognitive-motor movement, executive function skill-building strategies, and social-emotional learning.

Dr. Kenney's most recent educational program is CogniMoves™ a universal Tier I MTSS cognitive-motor movement program, co-developed with Benjamin S. Bunney, MD, Former Chairman Department of Psychiatry at Yale University. CogniMoves™ is designed to strengthen executive function skills in K-3 students.

Dr. Kenney is a pediatric psychologist on the Language & Cognition Team at Wellington-Alexander Center for the Treatment of Dyslexia, Scottsdale, Arizona. She has advanced fellowship training in forensic psychology and developmental pediatric psychology from Massachusetts General Hospital/Harvard Medical School and Harbor-UCLA/UCLA Medical School. As an international educator, researcher, and author, Dr. Kenney is dedicated to improving the trajectory of children's learning, particularly in high-need, under-resourced communities.

Dr. Kenney's books include Brain Primers, 2020 (Kuczala & Kenney); 70 Play Activities for Better Thinking, Self-Regulation, Learning and Behavior (Kenney & Comizio, 2016); the Social-Emotional Literacy program, Bloom Your Room™; Musical Thinking™; and Bloom: 50 things to say, think and do with anxious, angry and over-the-top-kids (Kenney & Young, 2015). My Attention Engine: An executive function skill activity book for teachers, parents, and children is slated for 2023.

Since 1985, Dr. Kenney has worked as an educator in community service with national organizations including the Neurological Health Foundation, Head Start, Understood.org, HandsOn Phoenix, SparkPE, the First Nations in Canada, and Points of Light (Generation On).

Cogni-Suite™

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